



HEY THERE!



Want to know more?

Talk to your teen's doctor, reach out to the study team, scan the QR code, or visit the URL below

Medication Trial for Teens Working on a Healthy Weight and Lifestyle



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Phentermine's Impact on Treatment in Teens



Who can join PhITT? Teens that...

- Are 12 to 17 years old when they enroll in the study
- Have a Body Mass Index (BMI) greater than or equal to 30, or greater than or equal to the 95th percentile*
- * Teen's BMI and percentile will be determined at the first study screening

How can my teen volunteer?

- Contact the study coordinator listed in this brochure
- The study coordinator will review the study criteria with you and your teen at the first screening visit and answer all your questions
- The screening visit will last a couple of hours and is scheduled at a time convenient for you and your teen
- If your teen qualifies, both of you will be asked to sign a consent form giving permission to join the study

Participants will receive:

- Materials at each study visit to help them learn about healthy living
- Fun tools to help support healthy lifestyle changes
- Compensation for completed study visits

Participants will:

- Attend a clinic visit every 4 weeks, for a total of 16 visits
- Be placed in a group that receives the study drug, or be placed in a group that receives a placebo
- Complete blood and urine tests



What is phentermine?

Phentermine is a pill prescribed by a doctor that may help weight loss by making you less hungry or feel full longer.

It is approved by the Food and Drug Administration (FDA) for weight loss in adults and teens older than 16 years old for a short period of time (less than 12 weeks).



Why is the PhITT study important?

We are looking for teens to volunteer for a research study and discover ways to manage weight and live healthier.

Researchers hope to find out if phentermine is effective for weight loss in younger teens and for a longer period of time.

More study details:

- The study will last about 2 years
- There is no cost to be in the study
- The study will enroll about 200 teens total
- The study is funded by the National Institutes of Health (NIH)

