Teen Aches and Pains: A Practical Office-Based Approach

February 25, 2012
7:30 a.m. to 4 p.m.

Children’s Mercy Hospital
Auditorium
2401 Gillham Road
Kansas City, MO

Presented by

Children’s Mercy Hospitals & Clinics
Kansas City
TARGET AUDIENCE
Pediatricians, Family Practitioners, Nurse Practitioners, RN’s, Social Workers

COURSE OBJECTIVES
• Describe the specific needs of the adolescent population that may differ from general pediatrics.
• Identify psychiatric co-morbidities in teenagers with chronic pain.
• Strategically discuss the diagnosis and management of primary headaches in teenagers.
• Explain how to assess when myalgias may or may not be related to rheumatologic conditions.
• Identify the causes of chronic fatigue to better evaluate if / when ID should be considered.
• Describe how to provide quality outpatient based evaluation and treatment of chronic abdominal pain.
• List resources available in the community that may help address the complex needs of the pain patient.

CE INFORMATION
This educational activity has been awarded 6.5 contact hour(s).

Children’s Mercy Hospitals and Clinics is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

6.5 Social Work CEUs will be provided to licensed social workers
Children’s Mercy Hospital’s Department of Social Work & Community Services has been approved as a Continuing Education Provider by the State of Kansas Behavioral Sciences Regulatory Board.

Children’s Mercy Hospitals and Clinics is accredited by the Missouri State Medical Association to provide continuing medical education for physicians.

Children’s Mercy Hospitals and Clinics designates this educational activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AMERICANS WITH DISABILITIES ACT
If you have special disability requirements or dietary needs please contact 816-802-1200 x 57790 as soon as possible and at least five working days prior to the event.

CONTACT INFORMATION
Wendy Colling
Email: wacolling@cmh.edu
Phone: (816) 802-1200 x 57790
Fax: (816) 234-3589
### PROGRAM AGENDA

#### SATURDAY, FEBRUARY 25, 2012
7:30 a.m. to 4 p.m.
Children’s Mercy Hospital Auditorium, Kansas City, Missouri

<table>
<thead>
<tr>
<th>Time</th>
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| 7:30 – 8 a.m. | Registration  
Continental Breakfast                                                   |
| 8 – 8:15 a.m. | Welcome  
Opening Remarks  
Jennifer Bickel, MD                                          |
| 8:15 – 9 a.m. | The Teenager  
Jennifer Linebarger, MD                                            |
| 9 – 9:45 a.m. | Adolescent Chronic Pain: All in the Head?  
Mark Connelly, PhD                                                    |
| 9:45 – 10 a.m. | Break                                                                 |
| 10 – 11 a.m. | Treating Headaches in Teens  
Jennifer Bickel, MD                                                   |
| 11 a.m. – 12 p.m. | “My Whole Body Hurts”  
Maria Ibarra, MD                                                       |
| 12 – 12:30 p.m. | Lunch (provided)                                                       |
| 12:30 – 1:30 p.m. | An ID Doctor’s Opinion of Chronic Fatigue  
Jason Newland, MD                                                    |
| 1:30 – 1:45 p.m. | Break                                                                 |
| 1:45 – 2:45 p.m. | Chronic Abdominal Pain  
Craig Friesen, MD  
Jennifer Schurman, PhD                                               |
| 2:45 – 3:15 p.m. | Tapping Into Community Resources  
Erin Thomasma, LMSW                                                   |
| 3:15 – 3:45 p.m. | Speaker Panel Q&A                                                     |
| 3:45 – 4 p.m. | Evaluation  
Closing Remarks                                                      |

### CHILDREN’S MERCY FACULTY

- **Jennifer Bickel, MD**  
  Section of Neurology  
  Assistant Professor of Pediatrics and Neurology, UMKC School of Medicine

- **Mark Connelly, PhD**  
  Section of Developmental & Behavioral Sciences  
  Associate Professor of Pediatrics, UMKC School of Medicine

- **Craig Friesen, MD**  
  Section Chief, Gastroenterology  
  Professor of Pediatrics, UMKC School of Medicine

- **Maria Ibarra, MD**  
  Section of Rheumatology

- **Jennifer Linebarger, MD**  
  Section of Adolescent Medicine  
  Assistant Professor of Pediatrics, UMKC School of Medicine

- **Jason Newland, MD**  
  Section of Infectious Diseases  
  Associate Professor of Pediatrics, UMKC School of Medicine

- **Jennifer Schurman, PhD**  
  Section of Developmental & Behavioral Sciences  
  Associate Professor of Pediatrics, UMKC School of Medicine

- **Erin Thomasma, LMSW**  
  Department of Social Work and Community Services
REGISTRATION FORM

Saturday, February 25, 2012
Children’s Mercy Hospital – Auditorium
Kansas City, MO

Name, Degree: ____________________________________________
(Please print)

Specialty: ________________________________________________

Nursing License Number: __________________________________

Hospital/Clinic/Practice Name: ________________________________

Address: __________________________________________________

City: __________________________________ State: _______ Zip: __________

Business Phone: __________________________ Fax: ________________

Email: ________________________________

Special Requirements:
  □ Yes, I have accessibility requirements: ____________________________
  □ Yes, I have dietary restrictions: ____________________________

Registration fee for the one-day course is $100 for physicians
and $50 for other health care professionals.
No charge for employees of Children’s Mercy Hospitals and Clinics.
Cancellation: Registration fee less $15 service charge is refundable if cancellation
is received before February 18, 2012. Call 816-802-1200 x 57790 to cancel.

Enclosed Amount: ________________

Make check payable to: CMH - Section of Neurology

Mail check and registration form to:
Section of Neurology
Children’s Mercy Hospitals and Clinics
2401 Gillham Road
Kansas City, MO  64108

Registration and payment can be completed online with MasterCard, VISA, American Express or
Discover cards. Please visit our website at http://www.childrensmercy.org/professionaleducation

For further information, please contact:
Wendy Colling
Email: wacolling@cmh.edu • Phone: (816) 802-1200 x 57790 • Fax: (816) 234-3589