

Trauma and Burn CAREGIVER GUIDE



Children's Mercy

LOVE WILL.





Trauma and Burn Services

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Roles and Description of Trauma Team Members

A hospital that receives the designation of a level I pediatric trauma center is capable of providing the highest level of care for children who suffer a traumatic injury (i.e. motor vehicle crash, fall, etc.). Children's Mercy Kansas City is the ONLY level I pediatric trauma center between St. Louis and Denver. The level I trauma center has staff in-house 24/7 and additional staff on call if needed. Each year, nearly 1,000 children who need the expertise and support we have to offer are transferred to the Children's Mercy's Level I Pediatric Trauma Center from outlying facilities.

Emergency Department: Children's Mercy provides the highest level of complex emergency care to children across the area through two emergency rooms and the region's only Level I pediatric trauma center. More than 90 pediatric emergency medicine specialists and surgeons on staff are ready to care for your child. Services are available 24 hours a day, 365 days a year.

Pediatric Intensive Care Unit (PICU): The PICU is a unit in the hospital where the sickest children are admitted. The

PICU is capable of supporting even the sickest children with 24/7 in-house nurse, physician and allied health staff. Children admitted to this unit are monitored closely for any changes in their condition. Near the PICU is the Benjamin E. Twyman Parent and Family Room. This is a quiet space away from the patient's bedside where parents and family members can take a break.

Operating Room: Surgery is done in the operating room. Your child may need surgery after coming to the Emergency Department as a trauma patient, or after being admitted to the hospital. A team of specialized pediatric-trained staff will take care of your child, including nurses, surgeons and anesthesia providers.

Radiology: Radiology is where your child gets imaging tests including X-rays, CT or CAT scans, MRIs, ultrasound tests, fluoroscopy and nuclear medicine procedures. These are all ways to check your child for injuries or fractures inside their body in a non-invasive manner.

Trauma Surgery Team: The Trauma Surgery team will coordinate your child's care. This team includes surgeons, fellows, residents, nurse practitioners and medical students. All these individuals have special training to take care of children who have been in a traumatic event, like a car crash or fall.

Intensivist: Intensivists are doctors who have special training to manage the care of critically ill and injured children. Intensivists work very closely with the Trauma Surgery team to manage the medical needs of your child in the PICU.

Respiratory Therapy (RT): Respiratory therapists have special training in taking care of patients with respiratory or pulmonary conditions. If the patient's airway is not clear, they will help your child breathe. They may also assist your child if they need to be placed on a breathing machine.

Nursing Supervisors: Nursing supervisors oversee and coordinate the care of patients in the hospital. The nursing supervisor helps share information between the Emergency Department and the inpatient unit where your child is admitted during a trauma activation.

Trauma Nurse: The nurse taking care of your child has specialized training to aid in providing the best care possible. They have learned what signs and symptoms to look for and what interventions are to be expected. They work in all different areas of the hospital. One of their jobs is to coordinate and oversee the bedside care and multiple teams that may be included in your child's care.

Social Workers: Social workers provide emotional support to patients and families during their trauma stay in the hospital. Social workers are available to talk with you and your family about the stress of having a child in the hospital.



They can help with the following services:

- information about lodging, food and transportation
- referral for programs and services to help with your child's or family's special needs
- discussion of a new diagnosis or chronic illness and how it will affect your child and family
- understanding the health care system.

Chaplaincy: Chaplains offer emotional and spiritual support to patients, families and staff during a traumatic event. They gather information that helps with your child's needs. Chaplains support patients and families when they are feeling lonely, afraid, discouraged, in shock, or wish to talk about the meaning of the illness or injury. Chaplains also help families find sources of support, strength and spiritual community. They offer a calm presence during a traumatic and fearful experience. Chaplains are available anytime of the day to respond to your spiritual and emotional needs.

Child Life Specialists: Child life specialists help make the hospital more comfortable and explain procedures in a developmentally appropriate manner. They reduce stress and worry that may come with being in the hospital. They can help your child play, learn about their medical care, and deal with their feelings, thoughts and questions.



Hospital Rules

These rules are for everyone (staff, patients, families and visitors) who enters Children's Mercy.

1. Keep the hospital a safe and restful place.
2. Privacy and confidentiality must be protected at all times.
3. Never use foul or mean language.
4. Never use physical or emotional abuse.
5. Weapons are not allowed in our hospital or on our grounds.
6. Use of tobacco, alcohol or illegal drugs is not allowed.
7. Do not steal or damage hospital property or the possessions of others.
8. Hospital-owned medical equipment must be operated only by authorized individuals.
9. Follow our visiting rules.
10. Do not go into restricted areas.

Visitor Guidelines

Parents and legal guardians are not seen as visitors. They are encouraged to stay with their child. Parents and guardians of inpatients will receive an orange wristband that will allow access to the inpatient units without stopping at Security. Children's Mercy understands that visits with family and special friends help patients feel better.

- Parents and legal guardians may stay with their child 24 hours a day.
- Other visitors may visit from 9 a.m. to 9 p.m.
- During the winter/flu season when respiratory illnesses are in unusually high numbers, Children's Mercy may restrict visitors under the age of 12 (including siblings) from visiting any inpatient units at the Adele Hall campus and Children's Mercy Hospital Kansas.

- Visiting privileges in PICU, ICN and for patients in isolation may be different. This is because of the special needs of the children. There may be times when no visitors will be allowed.
- The number of visitors is not restricted by policy. However, visits may be limited by the nurse manager or the parent or guardian.
- Visitors may only visit the patient they came to see.
- Visitors may only use playrooms when with the patient. An adult must stay with children in the playroom all the time.
- All visitors under the age of 16 must be with an adult.
- Patients cannot leave the patient care unit without permission of the patient's nurse.
- Visitors must be free of illness (runny nose, sore throat, diarrhea, vomiting) or exposure to communicable disease. A nurse will check all visitors under 18 years of age for signs and symptoms of "infection." All visitors should wash their hands before entering the patient's room.
- Only two parents or authorized adults may stay overnight in the patient's room, unless approved by the nurse manager or nurse in charge.

Finding Your Way

The signs at Children's Mercy Hospital are based on color zones. There are also universal symbols to help guide you to the right locations. Maps are available at the Information Desk on the ground floor. You may also stop any staff member and ask for directions.

You can also download the new Children's Mercy app. This app has an interactive map to help you navigate both before you arrive and while visiting the Children's Mercy Adele Hall Campus, connect to the MyChildrensMercy patient portal, save your spot at one of our urgent care locations, and much more. Download now by searching for Children's Mercy in the App Store or on Google Play.

Places To Eat

Children's Mercy Adele Hall Campus

Cafeteria/Orbits Diner

On the ground floor next to the Castle elevators.

Classics Express Café

On the ground floor near the Castle elevators.

Subway

On the 1st floor near the Same Day Surgery Entrance.

Vending Machines

Located by Sombart Lobby and Subway. Machines are available 24/7 for snacks.

Local Restaurants for Carryout or Delivery

Fritz's (Crown Center)

2450 Grand Blvd.
Kansas City, MO 64108
(816) 474-4004

Lucky Dragon

520 Armour Road
North Kansas City, MO 64118
(816) 471-1818
luckydragonkcmo.com (Chinese delivery)

Minsky's

427 Main St.
Kansas City, MO 64105
(816) 421-1122 (delivery)
minskys.com (delivery or carryout)

Panera Bread (Crown Center)

2405 Grand Blvd.
Kansas City, MO 64108
(816) 221-3800

Sarpino's Pizzeria

905 Westport Road
Kansas City, MO 64111
(816) 931-8600
gosarpinos.com
(delivery available from Westport location)



SPIN Neapolitan Pizza (Crown Center)

2450 Grand Blvd.
Kansas City, MO 64108
(816) 221-7746

Teocali's

2512 Holmes Road
Kansas City, MO 64108
(816) 221-4749 (Carryout/walking distance)

Miscellaneous

ATM: There are two ATMs at Children's Mercy Hospital. One is in the Sombart Lobby (first floor) by the Subway. The other is on the ground floor by the Security check-in.

Mail Drop: The mail drop is in the Sombart Lobby (first floor) by the Subway. It is next to the ATM. Mail is picked up Monday through Friday at 2 p.m.

Gift Shop: The Gift Shop is on the ground floor near the Castle Elevators and Orbits Cafeteria. Toys, books, magazines, postage stamps, mylar balloons, candy, aspirin, personal care products and gifts are available in the Gift Shop. Please check with your child's nursing staff to ensure they allow flowers or plants.

Floral Delivery: Flowers can be ordered through the Children's Mercy Gift Shop on the ground floor.

Lost and Found: Lost and found items are held in the Security department. For more information call (816) 234-3440.

Getting Around Children's Mercy

Security: The Security department helps provide a safe environment. Security watches the buildings, parking lots and grounds. Security will ask you to show a picture ID as you enter the hospital. They will give you a visitor sticker that you must wear in an easily visible location at all times. Parents of inpatients will receive an orange wristband that will allow access to their child's inpatient units. The main Security office is located on the first floor in the Green Zone, next to the Oasis vending machine area. You can report lost items, ask for escorts to or from hospital parking, and report other security concerns in person or by calling (816) 234-3340. Firearms, alcohol, tobacco and illegal drugs are not permitted on hospital grounds.

Ronald McDonald Family Room: This Family Room is a special place within Children's Mercy where inpatient families can rest and still be close to their child. The Family Room is a comfortable place with a living room area, a television, fully equipped kitchen, and a quiet space for conversation and phone calls. The Family Room also has seven bedrooms for napping, showers and a laundry facility. Space for overnight stays is available for families with a child in the PICU or NICU. The Family Room is on the second floor of the West Tower in the Green Zone. There is an announcement on the inpatient units when meals are provided.

Ronald McDonald House: Families who live more than 35 miles away from the greater Kansas City area may be able to stay in the Ronald McDonald House if space is available. Ask to speak with a social worker to arrange a stay while your child is in the hospital. Families are asked to give \$10 each night for lodging. Families will not be turned away if they cannot pay.

Kreamer Resource Center for Families: This center is located on the ground floor of the pink zone on the way to the Orbits Cafeteria. This library has medical information in a language you can understand. There are also books and magazines to read for fun. You can use the computers, a copier and a fax machine here. The librarian will answer questions by phone, mail and email. Call (816) 234-3900 or go to childrensmercy.org/Library.

Patient Advocate: If you have questions, concerns, compliments or complaints about your child's hospital stay or clinic visit, call the patient advocate. Dial 53119 from inside the hospital, or (816) 234-3119 from outside the hospital. A patient advocate will listen to you and will work with you to improve services for you and for all families.

Children's Mercy Financial Counselors

Financial counselors are located at Patient Access on the ground floor of Adele Hall Campus. They can help you with questions about your child's hospital bill, insurance or financial assistance through the hospital. Financial counselors are available to help you with any questions or concerns you may have about your statement. Counselors are available Monday through Friday from 7 a.m. to 7 p.m. Call (816) 234-3567.

Lisa Barth Chapel, Where "All Are Welcome."

The Lisa Barth Interfaith Chapel and garden is near the cafeteria on the ground floor. The chapel and outdoor garden with patio space are open 24 hours a day, seven days a week. The interfaith chapel has many uses. It is available for prayer, reflection and meditation. There are regularly scheduled interfaith and faith-specific worship services. Families of patients can use the chapel for baptisms, anointings and blessings. It also offers a calm, private area for sensitive consultations and intimate family conversations.

Mindfulness Meditation

Tuesday, Wednesday, Friday

A collaborative effort between Stay Well, Children's Mercy Chaplaincy, and the Center. The Lisa Barth Chapel hosts meditation at these times:

- Tuesday, Wednesday and Friday from 12:30–12:50 p.m.

All Children's Mercy staff, patients and families are welcome. New meditators are always welcome. Come ask questions, try-out a zafu, and share experiences.



Children's Mercy: A Teaching Hospital

Teaching hospitals are different from other hospitals in many ways. There are many people who may be in and out of your child's room to help with your child and learn. Your child's physician team may include many members depending on the needs of your child.

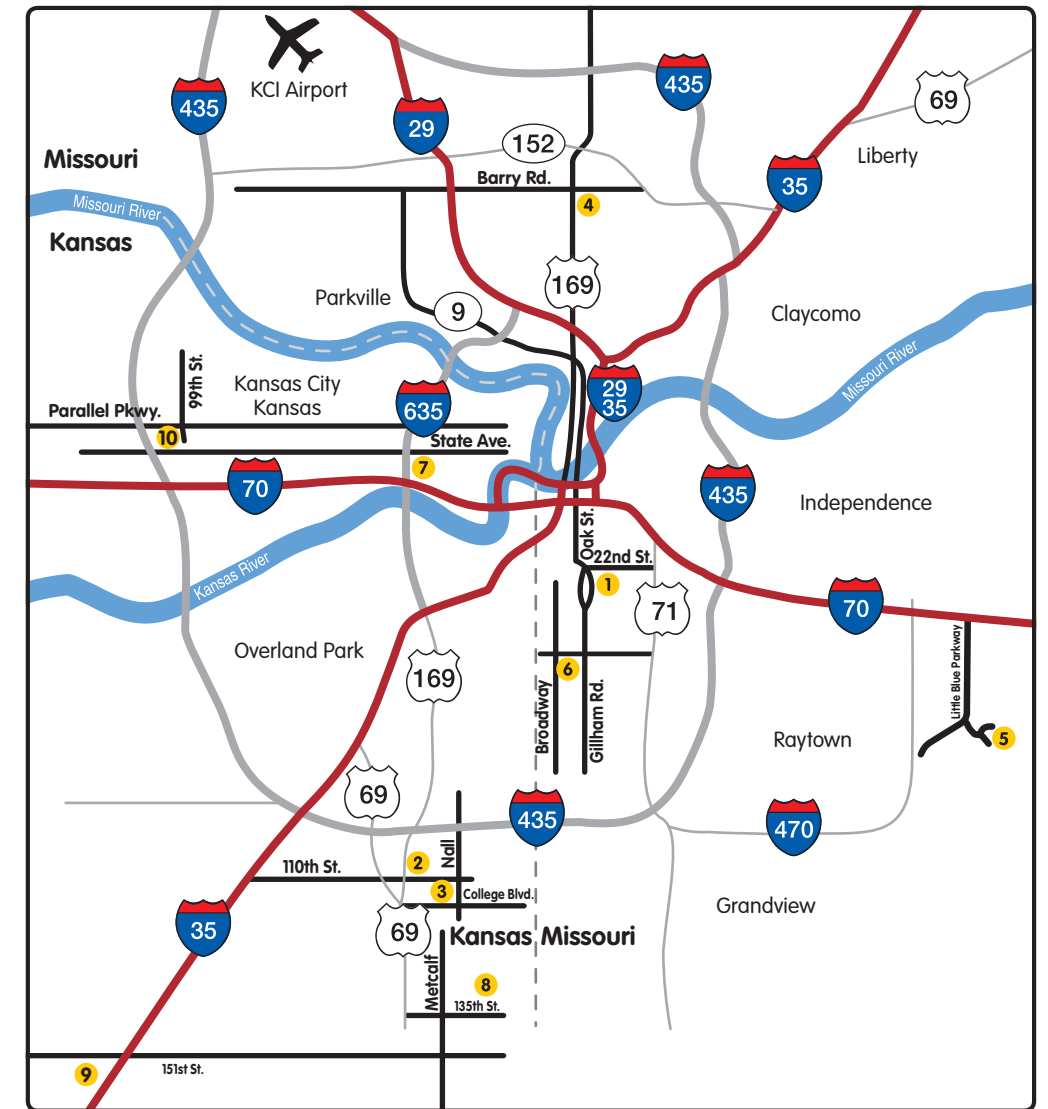
Team members may include:

- Attending physicians and fellows are doctors who supervise the whole team.
- Residents are doctors who are in their second or third years of the residency program. They supervise the interns and students.
- Interns are doctors who are in their first year of the residency program.
- Medical students are still in medical school. They are here to learn and assist the doctors.
- Other team members such as nurses, social workers, dietitians, pharmacists and therapists may join in family-centered rounds.



Children's Mercy Locations

- Children's Mercy Adele Hall Campus**
2401 Gillham Road
Kansas City, MO 64108
(816) 234-3000
- Children's Mercy Hospital Kansas**
5808 West 110th Street
Overland Park, KS 66211
(913) 696-8000
- Children's Mercy College Boulevard**
5520 College Boulevard
Overland Park, KS 66211
(913) 696-8000
- Children's Mercy Northland**
501 NW Barry Road
Kansas City, MO 64155
(816) 413-2500
- Children's Mercy East**
20300 East Valley View Parkway
Independence, MO 64057
(816) 478-5200
- Children's Mercy Broadway**
3101 Broadway
Kansas City, MO 64111
- Children's Mercy West-
The Cordell Meeks Jr. Clinic**
4313 State Avenue
Kansas City, KS 66102
(913) 233-4400
- Children's Mercy Blue Valley**
6750 West 135th Street
Overland Park, KS 66223
(913) 717-4700
- Children's Mercy Olathe**
20375 W 151st Street
Doctors Building 1, Suite #402
Olathe, KS 66061
- Children's Mercy Sports
Medicine Center at Village West**
1801 N 98th Street
Kansas City, KS 66111
(913) 264-3000



NURSE ADVICE LINE
(816) 234-3188

Tips for Parents: Helping Your Child Cope with the Health Care Experience

Your child may have medical tests and procedures that they may not know much about. These tests and procedures can be less stressful for your child with support from you, your child's nurse and a child life specialist.

- Be honest. Talk to your child about what to expect.
 - Encourage your child to talk about their feelings surrounding their health care experience.
 - Being there with your child is a great source of comfort.
 - Touch your child to help them feel calm, relaxed and secure.
 - Bring special or familiar objects from home to the hospital.
 - Let your child have choices and feel in control when possible.
- Praise your child for what they are doing well. Let your child know that it is okay to cry.
 - Get information from your child's doctor and the health care team.
 - Spend time with your child. Take time for yourself to eat, sleep and relax.
 - Let your child know when you are leaving or coming back to the hospital.
 - Help your child have a normal daily routine. Set limits for your child, even at the hospital.



Children's Mercy Follow-Up Care

Burn Unit/Clinic: The Burn Unit includes seven inpatient beds designated for burn patients with a state-of-the-art treatment room located on the unit. Most inpatient burn treatments are performed on the unit under sedation. The burn team is made up of a group of professionals dedicated to burn care.

Burn outpatients can call the **Burn Unit at (816) 234-3520**, 24 hours a day for appointments and questions related to burn care.

Physical Therapy (PT): Physical therapists help children with their movement skills. PTs focus on gross motor skills such as crawling, walking, jumping and balance.

Occupational Therapy (OT): Occupational therapists help children with their daily activities. OTs focus on fine motor skills such as grasping, writing and activities of daily living such as dressing, bathing and feeding.

Trauma Clinic: Often, patients who have a traumatic injury will need to be followed and monitored for a period of time. Children's Mercy provides Trauma Clinic twice a month to see the patients who need this extra level of care. To contact the **Trauma Clinic**, call **(816) 234-3199**.

Orthopedic Clinic: Some patients require follow-up care for musculoskeletal injuries. Our staff of orthopedic surgeons, nurse practitioners, nurses and casting technicians provide follow-up support for patients in our outpatient orthopedic clinics. The providers also work closely with physical and occupational therapists to provide the best possible care for children from birth to 21 years old. Patients can be seen in many of the Children's Mercy facilities located around the Kansas City area. Some clinics are available at outreach locations and via telemedicine.

To contact the **Orthopedic Clinic**, call **(816) 234-3075**.



After Injury, After Trauma

What is Trauma?

Trauma is an event that a child is involved in or witnesses, which causes concern for the child's safety or the safety of others.

Examples include:

- Accidents of any kind (vehicle crash, machine malfunction, a fall)
- Serious injury – may result in change of lifestyle, loss of daily functioning skills
- Assault, physical or sexual
- Witness to violence at home, in school, or community
- Natural disaster
- Fire
- Death of a loved one

Common Reactions to Trauma

It is normal for our bodies to go "on alert" after experiencing trauma. In the first few days after a stressful event, a child may experience symptoms such as these:

Physical

- Jumpiness, change in appetite, stomachaches
- Headache, tired
- Increased sleep, difficulty sleeping or falling asleep

Emotional/Behavioral

- Excessive crying
- Clingy with parents
- Increased agitation
- Difficulty concentrating – may struggle to focus at school or at the dinner table

What You Can Do

It is important to recognize these symptoms so you may help your child.

Let your child know they are safe. Unexpected, scary events can cause a child to worry and be scared. It is common for children to think something bad may happen to them following a scary event. Let them know you are there for them. They will be comforted by extra hugs and extra time spent together.

Keep talking about it. Let them talk when your child wants to. Talking about thoughts and feelings one time will not make everything okay. Reminders may cause anxiety. The **more** a child can feel safe and **tell their story**, the **less anxious they may be**.

Maintaining structure and a daily routine helps increase their sense of stability. Knowing what comes next and being able to prepare reduces your child's anxiety and worries. It is important for them to understand that the family rules continue. If they break rules, there are consequences. Not keeping rules and consequences after trauma or injury only delays their recovery and return to normal.



When to Seek Help

Some children may have longer lasting symptoms that can delay their physical and emotional health. When a child's reactions to trauma persist, they may have **traumatic stress** or **post traumatic stress disorder (PTSD)**.

Signs to look for include:

- Avoiding people, places or things that bring back memories
- Panic symptoms (heart palpitations, rapid breathing) when not in danger
- Withdrawal from family or peers
- Changes in appearance, not taking care of personal hygiene
- Feeling shame or blame – "if only" thoughts
- Feeling sad
- Increased anger responses
- Nightmares

Intrusive thoughts – visual reminders of the scary event even when they are trying not to think about it.

Safety concerns – thoughts or threats of self-harm or suicide.

Trouble with memory – not remembering directions from one homework page to the next. May not remember parts of the trauma.

Teens may exhibit risk-taking behaviors – substance abuse, defying curfew.

Any other symptoms that interfere with daily functioning.

Where to Find Help

Talk to your child's primary care provider or school counselor if you think your child needs help. They might recommend local counseling available in the community or hospital. Child traumatic stress and PTSD can interfere with a child's healthy development and can lead to long-term difficulties with school, jobs, relationships and overall health or well-being. If you feel your child is experiencing problems, then please call the trauma clinic for further follow-up. (816) 234-3199

If you have Internet access, here are some helpful resources to assist you in finding help: aftertheinjury.org and NCTSN.org.

**Call the Mental Health Helpline at
1 (888) 279-8188 if you or your child is
in need of immediate help.**

Therapeutic Services for Parents/Family within the Hospital

Children's Mercy Family Therapy Team

Contact: (816) 760-8881

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT):

To help reduce the impact of trauma and teach life-long coping skills.

Parent-Child Interaction Therapy (PCIT): This program is a 16-20 week parent training that teaches specific behavior management techniques as you play with your child. The program focuses on improving the parent-child relationship and increasing your child's positive behaviors. The program is designed for children ages 2-7.

provided to parents/legal guardians of children hospitalized at the Adele Hall Campus when parents are in distress and in need of crisis stabilization and assistance with coping.

Care Workshops: These workshops help promote positive communication and interaction between caregivers and children that decrease negative behaviors, which can result from changes to a child's environment or effects from trauma. These classes are offered in English and Spanish.

For more information on dates, times and locations of workshops, contact: **(816) 855-1720**.



Community Resources for Trauma and Injury Prevention

Grief and Loss Resources

Solace House

Grief support groups for children and adults.
(913) 341-0318

Turning Point

Therapy services for family members who have a loved one with a serious or chronic illness, or the death of a loved one from a serious or chronic illness. All programs and services are free of charge.
(913) 574-0900

Project Hope

Project Hope works with survivors of violent losses, such as homicides.
UMKC
5030 Cherry St.
Kansas City, MO 64110
(816) 235-1075

Help For KC

helpforkc.com/griefbereavement/

Perinatal Bereavement Support Group

Support and resources after the death of a newborn or from Sudden Infant Death Syndrome (SIDS).
(913) 676-6888

Compassionate Friends

A self-help organization offering groups for parents and grandparents.
(816) 229-2640
compassionatefriends.org

Support Groups

Children's Mercy Aftercare Support

(816) 234-3911

HOPE (Healing Our Pain and Emptiness)

(816) 741-8637

Olathe, SHARE Infant Loss Support

(913) 791-4235

Parents of Murdered Children

Julie Guiledge
(816) 850-6455

Sudden Infant Death Syndrome

Parent Support Group

(816) 850-6455
(816) 234-3911

Trauma Support and Mental Health Counseling

Truman Behavioral Health Services

300 W. 19th Terrace
Kansas City, MO 64108
(816) 404-5700
Counseling and psychiatric services

Swope Parkway Health Center

3801 Blue Parkway
Kansas City, MO 64108
Main phone: (816) 923-5800
Behavioral Health: (816) 922-1070

Comprehensive Mental Health

17844 E. 23rd St.
Independence, MO 64052
(816) 254-3652
Counseling and psychiatric services

The Family Conservancy

444 Minnesota Ave.
Kansas City, KS 66101
(913) 342-1110

Jewish Family Services

5801 W. 115th St., Suite 103
Overland Park, KS 66111
(913) 327-8250
Individual and family counseling/PCIT

Mattie Rhodes Counseling Center

1740 Jefferson
Kansas City, MO 64108
(816) 471-2536
Counseling services/bilingual

The Children's Place

2 East 59th St.
Kansas City, MO 64113
(816) 363-1898
Counseling for 2-7 year-olds

Wyandotte Center

7840 Washington Ave.
Kansas City, KS 66112
(913) 328-4600
Counseling and psychiatric services

Johnson County Mental Health Center

1125 W. Spruce St.
Olathe, KS 66061
(913) 782-2100
Counseling and psychiatric services

Family Guidance Center

724 N. 22nd
St. Joseph, MO 64506
(816) 364-1501
Counseling and psychiatric services

Synergy Services

400 E. 6th St.
Parkville, MO 64152
(816) 587-4100

Midwest Trauma Treatment Center

400 E. Red Bridge Road, Suite 212
Kansas City, MO 64131
(816) 941-2797
Counseling – PCIT and TF-CBT

ReDiscover Mental Health Services

901 N.E. Independence Ave.
Lee's Summit, MO 64086
(816) 246-8000, (816) 587-4100
Individual and family counseling

Tri-County Mental Health Center

3100 N.E. 83rd St., Suite 1001
Kansas City, MO 64119
(816) 468-0400
Counseling and psychiatric services

COMMCARE Mental Health Crisis Line

1 (888) 279-8188

Suicide Hotline

1 (800) 0273-8255

Gun Violence Resources

ADHOC Group Against Crime – Serves as a trusted bridge between community and law enforcement to reduce violence and solve crimes in order to make our neighborhoods safe and secure. Some services they provide include counseling services, office of community complaints, a 24-hour community hotline, 24-hour youth hotline and prayer, vigils and funerals.
(816) 861-5500

AIM4PEACE – Is a public health approach to reduce shootings and homicides. Aim4Peace uses highly-trained violence interrupters and outreach staff, public education campaigns, neighborhood action teams and community mobilization to reverse the violence epidemic in Kansas City.
(816) 352-3069

Mothers In Charge – Is a group of mothers, grandmothers, aunts and a caring community committed to working to prevent others from experiencing the tragedy of homicide. Their mission is to reduce violent crime through prevention, education and intervention, and to guide and support the families of victims.
(816) 912-2601 or email: admin@kcmothersincharge.org

UMKC Community Assessment and Counseling Services
(816) 235-2725

Trauma Resources

American Red Cross

(816) 931-8400
redcross.org

Missouri Brain Injury Association

(314) 426-4024
biamo.org

Brain Trauma Foundation

braintrauma.org

Trauma Survivor's Network

1 (800) 556-7890
traumasurvivorsnetwork.org

Kansas City Anti-Violence Project

4050 Pennsylvania Ave., Suite 135
Kansas City, MO 64111
(816) 561-0550
kcapv.org

Rose Brooks Domestic Violence Hotline

(816) 461-4573 or (816) 861-6100

Crime Victim's Compensation

(573) 526-6006 or (816) 881-3555
dps.mo.gov/dir/programs/cvc/

Bullying Resources

stopbullying.gov

kidshealth.org/en/kids/bullies.html?

Injury Prevention Resources

Home Safety

Charlie's House: charlieshouse.org/
(913) 375-7123

Bicycle Safety

BikeWalkKC: bikewalkkc.org

Safe Infant Sleep/SIDS

Healthy Children.org: healthychildren.org/English/ages-stages/baby/sleep/Pages/default.aspx

Safe to Sleep: nichd.nih.gov/sts/Pages/default.aspx

Firearm Injury Prevention

The ASK Campaign: askingsaveskids.org/

Child Passenger Safety (car seats)

National Highway Traffic Safety Administration:
nhtsa.gov/parents-and-caregivers
nhtsa.gov/car-seats-and-booster-seats/car-seat-ease-use-ratings

Healthy Children.org: healthychildren.org/english/safety-prevention/on-the-go/pages/default.aspx

Shaken Baby Syndrome

Period of PURPLE Crying: purplecrying.info

Burns/Scalds

Kids Worldwide: safekids.org/safetytips/field_risks/burns-and-scalds

Poisonings

Kids Worldwide: safekids.org/poisonsafety

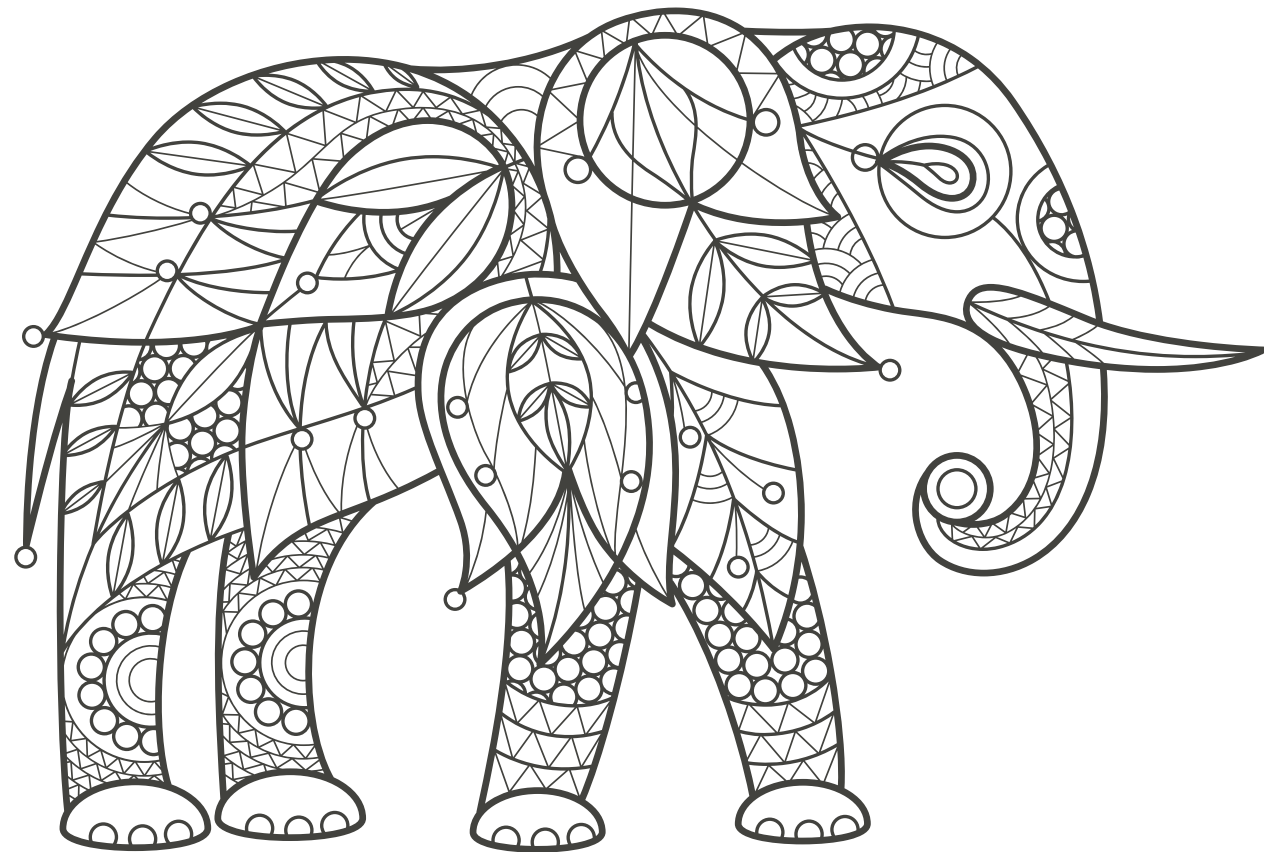
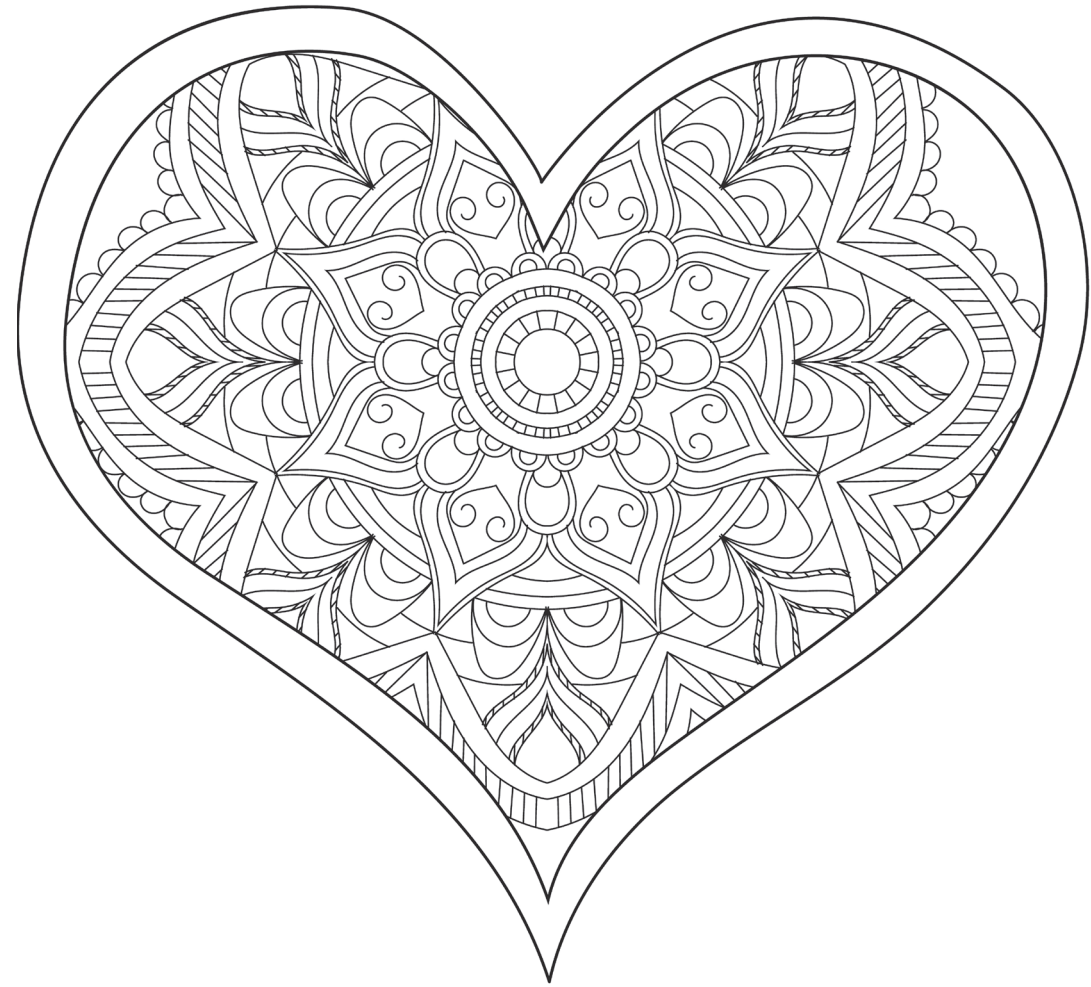
Additional injury prevention resources

Children's Mercy Hospital Center for Childhood Safety:
childrensmercy.org/ChildhoodSafety/Injury

Free Coalition for Kids: injuryfree.org

Safe Kids Worldwide: safekids.org

Healthy Children.org: healthychildren.org/English/Pages/default.aspx



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SOLUTION

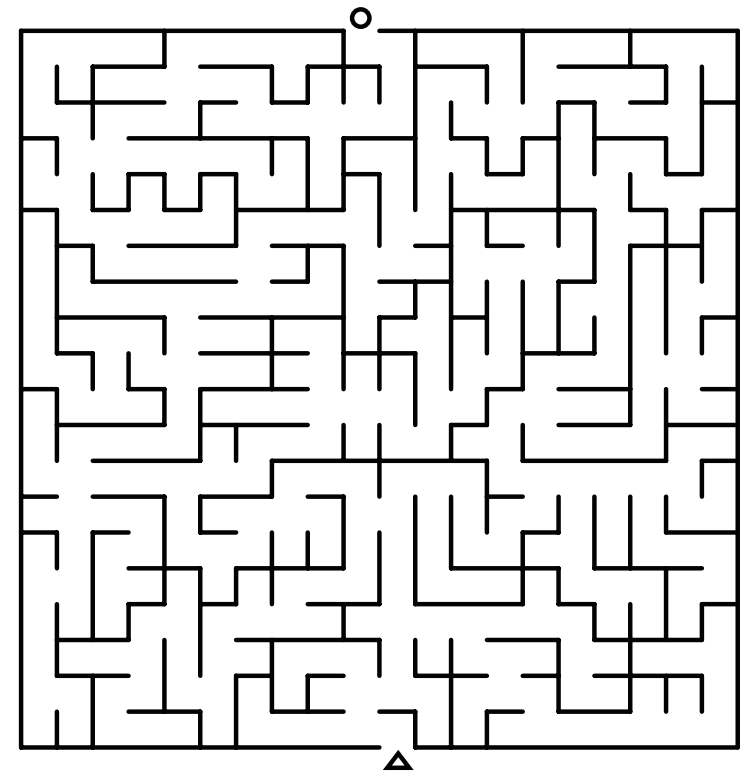
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2	9	8	6	1	4	3	7	5
6	4	7	3	9	5	1	2	8
1	3	5	2	7	8	9	6	4
7	1	4	8	2	6	5	9	3
3	8	6	5	4	9	2	1	7
9	5	2	7	3	1	8	4	6

5	7	4	8	9	3	2	1	6
3	8	9	6	2	1	4	7	5
6	1	2	7	5	4	8	9	3
2	3	6	5	7	8	9	4	1
9	4	1	2	3	6	7	5	8
8	5	7	4	1	9	3	6	2
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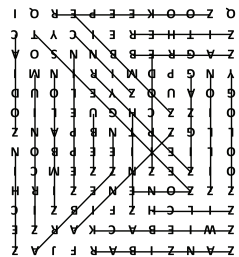
FIND THE WORDS

Z	A	N	Z	I	B	A	R	F	J	A	Z
Z	W	I	E	B	A	C	K	A	R	Z	E
Z	I	L	C	H	Z	F	I	B	Z	I	C
Z	Z	Z	O	N	E	N	E	Z	I	R	H
O	I	Z	E	Z	N	Z	Z	E	M	C	I
O	L	I	E	I	E	E	P	B	O	N	
L	L	G	Z	P	T	N	B	P	A	N	Z
O	I	Z	Z	C	H	G	U	E	L	I	O
G	O	A	U	O	Z	Y	E	L	O	U	D
Y	N	G	P	D	M	I	R	I	N	M	I
Z	A	G	R	E	B	B	N	S	O	A	
Z	I	T	H	E	R	E	I	C	Y	T	C
Q	Z	O	O	K	E	E	P	E	R	Q	I

ZAGREB	ZEPELIN	ZITHER
ZANZIBAR	ZIGZAG	ZODIAC
ZEBRA	ZILCH	ZOMBIE
ZEBU	ZILLION	ZONE
ZECHIN	ZIMBALON	ZOOKEEPER
ZEITGEIST	ZINC	ZOOLOGY
ZEN	ZINNIA	ZWIEBACK
ZENITH	ZIP CODE	
ZEPHYR	ZIRCONIUM	



SOLUTION



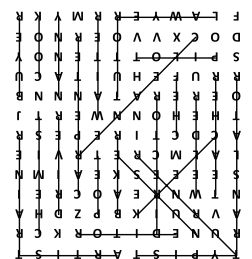


FIND THE WORDS

T Y P I S T A R T I S T
 R U N E D I T O R K C R
 A V R U I K B P Z D H A
 N T W N R E A O C R E I
 S E E E S K E A I M N
 L A L M C R E T R V I E
 A C D C T I R E P E S R
 T H E H O N N W E R T J
 O E R E R A T A N N N B
 R R U F E H U I T A C U
 S P I L O T T T E N O Y
 D O C X V V O E R N O E
 F L A W Y E R R M Y K R

ARTIST	DIRECTOR	TRAINER
BAKER	DRIVER	TRANSLATOR
BUYER	EDITOR	TURNER
CARPENTER	LAWYER	TUTOR
CHEF	NANNY	TYPIST
CHEMIST	NURSE	WAITER
CLEANER	PILOT	WELDER
CLERK	POET	
COOK	TEACHER	

SOLUTION





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