



Weekly Menu

Sept 18th – Sept 24th

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Flank Steak
Rotisserie Chicken Breast
Mashed Potatoes
Beef Gravy
Au Gratin Potatoes
Sliced Carrots
Roasted Vegetables
Roasted Corn

Pizza

Chicken Fajita
Cheese
Pepperoni

Mindful

Vegetarian Italian Ratatouille

Fruit Station

Turkey Rise Salad
Sugar Snap Salad
Fresh Fruit Salad

Action Station

Cajun Spiced Shrimp Jazz Salad

Deli

Turkey, Ham & Swiss Sub

Grill

Honey Ham & Cheese Chicken Sandwich

Soup

Vegetable Beef Soup
Broccoli Soup
Corn Muffin Mix

[Back to title page](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Tuesday

Market

Salmon with Pineapple Chutney
Stuffed Chicken Breast
Yukon Gold Mashed Potatoes
Chicken Gravy
Fresh Zucchini with Tomato & Shallots
Edamame
Barley Rice Pilaf
California Mixed Vegetables

Pizza

Supreme
Pepperoni
Cheese

Mindful

Curried Sesame Chicken or Tofu

Fruit Station

Creamy Red Potato Salad
Tortellini Antipasti Salad
Fresh Fruit Salad

Action Station

Tokyo Noodle Shop Bowl with Beef

Deli

Ham Wrap with Herb Mayonnaise

Grill

BBQ Pulled Pork Sandwich

Soup

Cuban Black Bean Soup
Fire Roasted Corn Soup
Cheese Drop Biscuit

[Back to title page](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Wednesday

Market

Meatloaf
Chicken Alfredo
Yukon Gold Mashed Potatoes
Mushroom Gravy
Green Beans
Broccoli
Roasted Vegetables
Bread Sticks

Pizza

Cheese
Pepperoni
Artichoke & Roasted Peppers

Mindful

Citrus Poached Salmon

Fruit Station

Black-Eyed Pea Salad
Couscous & Tomato Salad
Fresh Fruit Salad

Action Station

Balsamic Chicken w/ Pouched pears
Salad

Deli

Santa Fe Chicken Sandwich

Grill

Grilled Reuben Sandwich

Soup

Chicken Rice Soup
Cheeseburger Chowder Soup
Green Chili Cheddar Corn Muffin

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

[Back to title page](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Thursday

Market

Stuffed Pork Chop
Italian Roasted Beef
County Mashed Potatoes
Brown Gravy
Oven Roasted Potatoes
Italian Vegetables
Green Beans
Sliced Carrots

Pizza

Chicken Duo
Pepperoni
Cheese

Mindful

Tuscan Herbed Tilapia

Fruit Station

Citrus Slaw Salad
Macaroni Salad
Fresh Fruit Salad

Action Station

Angel Hair with Shrimp & Peppercorns

Deli

Roast Beef Sandwich with Cheddar

Grill

Philly Cheese Steak Sandwich

Soup

Two Mushroom Barley Soup
Chicken Thai Soup
Cajun Biscuit

[Back to title page](#)

Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm

Friday

Market

Parmesan Chicken Breast
Pecan & Herb Crusted Tilapia
Country Mashed Potatoes
Chicken Gravy
Corn on the Cob
Penne Pasta Pomodoro
Broccoli
Mixed Vegetables

Pizza

Artichoke, Red pepper
Pepperoni
Cheese

Mindful

Moroccan Chicken, Rice & Vegetables

Fruit Station

Couscous Salad
Seafood Salad
Fresh Fruit Salad

Action Station

Chicken Rice & Beans Tortilla

Deli

Beef & Blue Baguette

Grill

Cubano Toscana Sandwich

Soup

Roasted Red Pepper & Smoked Gouda Bisque
New England clam chowder
Parsley Onion Tomato Muffin

[Back to title page](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Saturday

Market

Beef Stroganoff
Egg Noodles
Italian Meatballs
Hoagie Buns
Steak Fries
Green Beans
Zucchini

Pizza

Cheese
Pepperoni
Mexican

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Cape Coder Turkey Sandwich

Grill

Roasted Beef Panini

Soup

Chicken Noodle Soup
Biscuits

[Back to title page](#)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Sunday

Market

Roast Turkey
Cajun Pecan Chicken
Yukon Mashed Potatoes
Chicken Gravy
Stuffing
Green Beans
Aztec Corn
Broccoli & Cauliflower

Pizza

Cheese
Pepperoni
Sausage Pizza

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Peppered Turkey Sandwich
Roasted Beef Panini

Grill

Roasted Beef Panini

Soup

Tomato Florentine
Blueberry Muffins

[Back to title page](#)