



## Weekly Menu

June, 18<sup>th</sup> thru June, 24<sup>th</sup>

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

For Patients – Mindful, Grill Special, and Deli are available for lunch only.

**Orbits Café Hours:  
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

# **Monday**

## **Market**

Crispy Baked Catfish  
Beef Macaroni  
Oven Roasted Garlic Red Potatoes  
Grilled Fresh Vegetables  
California Mixed Vegetables  
Corn  
Broccoli

## **Pizza**

Italian Sausage  
Pepperoni  
Cheese

## **Mindful**

Beef and Grilled Peach Salad

## **Fruit Station**

Macaroni Salad  
Citrus Slaw  
Fresh fruit

## **Action Station**

Buffalo Chicken Topper

## **Deli**

Roast Beef and Cheddar

## **Grill**

Mexi-Cali Burger

## **Soup**

Mediterranean Vegetable Soup  
Potato Leek  
Orange Muffins

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# **Tuesday**

## **Market**

Seasoned Alaskan Sole  
Baked Penne w/ Chicken & Mushrooms  
Spinach Soufflé  
Fresh Ginger Carrots  
Mashed Potato  
Chicken Gravy  
Green Beans  
Herb Oven Roasted Potatoes

## **Pizza**

Cheese  
Pepperoni  
Chicken Quesadilla pizza

## **Mindful**

Southwest Pork Panini

## **Fruit Station**

Gazpacho Pasta Salad  
Cucumber Minted Salad  
Fresh Fruit Salad

## **Action Station**

Acapulco Chicken Wrap

## **Deli**

Ham & Turkey on Baguette

## **Grill**

Santa Fe' Chicken Sandwich

## **Soup**

Italian Wedding Soup  
Cream of Mushroom  
Blueberry Muffin

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**Orbits Café Hours:**  
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# **Wednesday**

## **Market**

Cajun Pecan Chicken  
Cruised Cod  
Oven Brown Potatoes  
Wild Rice  
Broccoli  
Summer Squash Medley  
Aztec Corn

## **Pizza**

Cheese  
Pepperoni  
Ground Beef Pizza

## **Mindful**

Greek Spiced Shrimp Gyro

## **Fruit Station**

Sugar Snap Salad  
Spiced Carrot Salad  
Fresh Fruit Salad

## **Action Station**

Orecchiette Pasta

## **Deli**

Roasted Vegetables on multi-grain

## **Grill**

Chicken Parmesan on Bun

## **Soup**

Beef Vegetable Soup  
Cream of Broccoli Soup  
Biscuits

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**Orbits Café Hours:  
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# **Thursday**

## **Market**

Roasted Turkey Breast  
Tuna Noodle Casserole  
Yukon Smashed Potatoes  
Chicken Gravy  
Stuffing  
Green Peas  
Grilled Fresh Vegetables  
Collard Green w/ham

## **Pizza**

Basil Chicken & Red pepper  
Cheese  
Pepperoni

## **Mindful**

Turkey Meatball Sub

## **Fruit Station**

Chickpea, Tomato, Green Onion Salad  
Cole Slaw with Apples  
Fresh Fruit Salad

## **Action Station**

Street Style Shredded Chicken Taco

## **Deli**

Peppered Turkey and Guacamole

## **Grill**

Philly Cheesesteak Sandwich

## **Soup**

Chicken Tortilla Soup  
Three Grain & Rst Vegetable Soup  
Jalapeno Cornbread

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**Orbits Café Hours:  
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# **Friday**

## **Market**

Herb Salmon  
Beef Stroganoff w/ Egg Noodles  
Mashed Potatoes  
Beef Gravy  
Green Beans  
Brussels sprouts  
Rice Pilaf  
Succotash

## **Pizza**

Cheese  
Pepperoni  
Mediterranean Pizza

## **Mindful**

English-Battered Cod

## **Fruit Station**

Tabbouleh Salad  
Seafood Salad  
Fresh Fruit Salad

## **Action Station**

General Tso's Chicken

## **Deli**

Italian Deli Wrap

## **Grill**

Salmon Sandwich

## **Soup**

Mushroom Portabella Soup  
Asian Vegetable Soup  
Southwestern Drop Biscuits

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# **Saturday**

## **Market**

Chicken Breast Marsala  
Beef Macaroni  
Whipped Potatoes  
Green Peas  
Chicken Gravy  
Fresh Broccoli  
Au Gratin Potato  
Sliced Carrot

## **Pizza**

Cheese  
Pepperoni

## **Mindful**

Station is Closed

## **Fruit Station**

Fresh Fruit Salad

## **Action Station**

Station is Closed

## **Deli**

Classic Chef Jazz Salad Wrap

## **Grill**

Blackened Chicken Sandwich

## **Soup**

Chicken Noodle Soup  
Biscuits

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**Orbits Café Hours:  
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# **Sunday**

## **Market**

Napa Valley Glazed Salmon  
Rosemary Roast Pork loin  
Brown Gravy  
Turmeric Rice  
Candied Sweet Potatoes  
Roasted Corn  
Steamed Spinach  
Mixed Vegetables

## **Pizza**

Cheese  
Pepperoni

## **Mindful**

Station is Closed

## **Fruit Station**

Fresh Fruit Salad

## **Action Station**

Station is Closed

## **Deli**

Italian Sub

## **Grill**

Roasted Beef Panini

## **Soup**

Seven Bean Vegan Soup  
Blueberry Muffins

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