



Weekly Menu

Nov 13th – Nov 19th, 2017

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

For Patients – Mindful, Grill Special, and Deli are available for lunch only.

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Rotisserie Style Chicken
Rosemary Roasted Pork Loin
Yukon Gold Mashed Potatoes
Chicken Gravy
Corn
Spinach
Candied Sweet Potatoes
Broccoli

Pizza

Honolulu Pineapple Bacon
Cheese
Pepperoni

Mindful

Curried Sesame Chicken or Tofu

Fruit Station

Fresh Fruit Salad
Couscous & Tomato Salad
Macaroni Salad

Action Station*

Seven Wonder Chicken Stir-Fry

Deli

Mediterranean Chicken Sandwich

Grill

Grilled Monterrey Black Bean Burger

Soup

Split Pea Soup
Baked Potato Soup
Garden Vegetable Muffin

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm

Tuesday

Market

Crispy Baked Chicken Breast
Glazed Napa Valley Salmon
Yukon Gold Mashed Potatoes
Chicken Gravy
Wood Roasted Corn
Turmeric Rice
Zucchini, Tomato & Shallots
Succotash

Pizza

Cheese
Pepperoni
Chicken Alfredo

Mindful

Curried Sesame Chicken or Tofu

Fruit Station

Waldorf salad
Marinated Mushroom Salad
Fresh Fruit Salad

Action Station*

Szechuan Beef with Brown Rice

Deli

Cape Coder Turkey Sandwich

Grill

Eggplant Reuben

Soup

Cuban Black Bean Soup
Minestrone Soup
Cranberry Orange Muffin

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Wednesday

Market

Balsamic Garlic Chicken Breast
Vegetable Lasagna
Mashed Sweet Potatoes
Lemon Garlic Green Beans
Grilled Vegetables
Broccoli & Cauliflower
Breadstick

Pizza

Cheese
Pepperoni
Chorizo Lime Salsa

Mindful Meal

Catfish Cakes

Fruit Station

Macaroni Salad
Marinated Summer Salad
Fresh Fruit Salad

Action Station*

Pasta Stir Fry

Deli

Turkey, Ham & Swiss Sub

Grill

Patty Melt

Soup

Chicken Gumbo Creole Chowder
Mushroom and Brie Bisque
Jalapeno Corn Muffin

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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Orbits Café Hours:
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Thursday

Market

Chicken Marsala
Chicken Jambalaya w/ Andouille Sausage
Mashed Potatoes
Beef Gravy
Sliced Carrots
Collard Greens with Ham
Broccoli
Cornbread

Pizza

Cheese
Pepperoni
Balsamic Chicken

Mindful

Moroccan Chicken, Vegetables & Rice

Fruit Station

Spicy Peanut Noodle Salad
Greek Style White Bean Salad
Fresh Fruit Salad

Action Station*

Fettuccine with Clams alla Romano

Deli

Vermont Lumberjack Sandwich

Grill

Cheesy Ham & Bacon Melt

Soup

Tomato Florentine Soup
Chickpea and Tortellini Soup
Bacon and Cheese Muffin

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Friday

Market

Chicken and Prosciutto Tortellini with Marinara Sauce
Shredded Beef and Green Chili Burrito
Oven Roasted Red Potatoes
Green Beans
Mediterranean Blend Vegetables
Roasted Corn
Mexican Fiesta Rice

Pizza

Cheese
Pepperoni
California Vegetable

Mindful

Greek Spiced Shrimp Gyro

Fruit Station

Citrus Salad
Seafood Salad
Fresh Fruit Salad

Action Station*

Pasta Stir Fry

Deli

Italian Deli Wrap

Grill

White Bean Tuna Melt

Soup

Roasted Poblano with Tomatillo Soup
Roasted Red Pepper and Smoked Gouda Bisque
Orange Muffin

*Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Saturday

Market

Tuna Noodle Casserole
Ancho Mango BBQ Chicken Sandwich
Roasted Red Skin Potatoes with Garlic & Oregano
Roasted Corn
Broccoli

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Santa Fe Salad Wrap

Grill

Roasted Beef Panini

Soup

Minestrone
Biscuits

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**Orbits Café Hours:
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Sunday

Market

Roasted Turkey
BBQ Beef Brisket
Yukon Mashed Potatoes
Chicken Gravy
Boiled Red Parsley Potatoes
Sliced Carrots
Green Beans
Stuffing

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Boston Club Sub

Grill

Roasted Beef Panini

Soup

Chicken Tortilla
Blueberry Muffins

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