



Weekly Menu
January 15th – January 21st

[Monday](#)
[Tuesday](#)
[Wednesday](#)
[Thursday](#)
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[Sunday](#)

For Patients – Mindful, Grill Special, and Deli are available for lunch only.

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Piccata Sautéed Chicken Breast

BBQ Beef Brisket

Oven Roasted Garlic Red Potatoes

Broccoli

Black-eyed peas

Collard Greens

Pizza

BBQ Chicken Pizza

Cheese

Pepperoni

Mindful

Citrus Poached Salmon

Fruit Station

Roasted Red Potato W/ Cider Vinaigrette

Carrot Raisin Salad

Fresh Fruit Salad

Action Station*

Creamy Chicken Pesto Pasta

Deli

Beef & Blue Baguette

Grill

Grilled Pineapple Burger

Soup

Thai Chicken Soup

Split Pea with Ham Soup

Buttermilk Biscuit

*Action Station and Pizza Not Available for Patients on Cafeteria Menu

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Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm

Tuesday

Market

Salisbury steak
Chicken Breast w/Rosemary & Garlic
Mashed Potato
Beef Gravy
Broccoli
Stewed Tomatoes
Green Beans
Macaroni & Cheese

Pizza

Cheese
Pepperoni
Double Cheese Chicken

Mindful

Tuscan Herbed Tilapia

Fruit Station

Pesto Pasta Salad
Shrimp Salad
Fresh Fruit Salad

Action Station*

Beef Barbacoa Street Taco

Deli

Italian Sub

Grill

Pizza Burger

Soup

Broccoli and Cheese Soup
Chicken with White Bean Chili
Southwest Drop Biscuit

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Wednesday

Market

Crusted Cod
Chicken Spinach Pasta Casserole
Oven Roasted Potato
Sliced Carrots
Green Peas
Steamed Cauliflower
Edamame Succotash

Pizza

Cheese
Pepperoni
Philly Cheesesteak

Mindful

Tuscan Herb Tilapia Meal

Fruit Station

Marinated Squash Salad
Minty Cucumber Salad
Fresh Fruit Salad

Action Station*

Spinach Salad, Artichoke hearts and Chicken

Deli

BLT Sandwich with Pesto Chicken Breast

Grill

Blue Cheese Turkey Burger

Soup

Cream of Potato Soup
Six Bean Soup
Roasted Vegetable Drop Biscuit

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Thursday

Market

BBQ Beef Brisket
Mediterranean Salmon
Au Gratin Potatoes
Collard Greens
California Mixed Vegetables
Green Beans
Broccoli & Cauliflower

Pizza

Cheese
Pepperoni
Tex Mex Turkey

Mindful

Balsamic Glazed Chicken

Fruit Station

Italian Pasta Salad
Dijon Tri-Color Cole Salad
Fresh Fruit Salad

Action Station*

Shrimp Spaghetti Ala Genovese

Deli

Ham Wrap with Herb Mayonnaise

Grill

Chicken & Black bean Quesadilla

Soup

Six Bean Soup
Roasted Red Pepper and Smoked Gouda Bisque
Buttermilk Drop Biscuit

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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Orbits Café Hours:
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Friday

Market

Roast Turkey Breast
Citrus Garlic Tilapia
Mashed Potatoes
Chicken Gravy
Brussels sprouts
Green Peas with Pearl Onions
Mac and cheese
Stuffing

Pizza

Cheese
Pepperoni
Blue Cheese and Balsamic Onion

Mindful

Vegetarian Italian Ratatouille

Fruit Station

County Vegetable Salad
Garbanzo with Plum Tomato Salad
Fresh Fruit Salad

Action Station*

Shrimp & Vegetable Primavera

Deli

Peppered Turkey with Guacamole & Tomato

Grill

Gyro Turkey Burger

Soup

Seven Bean Vegan Soup
Chicken Noodle Soup
Chive Biscuit

* Action Station and Pizza Not Available for Patients on Cafeteria Menu

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**Orbits Café Hours:
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Saturday

Market

Chipotle Chicken Breast
Sliced Beef French Dip Sandwich
Steak Cut French Fries
Sliced Carrots
Baked Beans
Corn on the Cob

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Turkey, Ham & Swiss Sub

Grill

Roasted Beef Panini

Soup

Pasta E Fagioli Soup
Breadstick

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**Orbits Café Hours:
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Sunday

Market

Teriyaki Chicken Breast
Meat Lasagna
Wild Rice
Zucchini
Asian Vegetables

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Roast Beef Sandwich with Cheddar

Grill

Roasted Beef Panini

Soup

Mushroom Portabella Soup
Breadstick

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