



Weekly Menu

Nov 13th - Nov 19th , 2017

[Monday](#)

[Tuesday](#)

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**Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm**

Monday

Market

Savory Rotisserie Style Chicken
Yukon Smashed Potatoes
Poultry Gravy
Corn
Fresh Spinach

Mindful

Curried Sesame Chicken or Tofu

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

Pork Cutlet

Soup

Italian Wedding Soup

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**Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm**

Tuesday

Market

Napa Valley Glazed Salmon
Oven Baked Chicken
Poultry Gravy
Turmeric Rice
Fresh Zucchini and Tomatoes

Mindful

Ancho-Lime Chicken Baja Salad

Fruit Station

Fresh Fruit Salad

Action Station

Italian Spiced Chicken with Linguini

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Cuban Black Bean Soup

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Wednesday

Market

Vegetable Lasagna
Beef Chimichanga
Mexican Rice
Refried Beans
Italian Roast Vegetables
Breadsticks

Mindful

Cajun Catfish Cake

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

Patty Melt

Soup

Chicken Gumbo Creole Chowder

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Thursday

Market

Chicken Marsala
Hattie's Jambalaya
Whole Grain Rice
Sliced Carrots
Collard Greens with Ham
Cornbread

Mindful

Moroccan Chicken, Rice, & Vegetables

Fruit Station

Fresh Fruit Salad

Action Station

Grilled Fish Tacos with Mango Salsa

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

Cheesy Ham & Bacon Melt

Soup

Tomato Basil Soup

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Friday

Market

Pot Roast
Beef Gravy
Oven Roasted Garlic Red Potatoes
Fresh Broccoli and Cauliflower

Mindful

Greek Spiced Shrimp Gyro

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich
Italian Deli Wrap

Grill

No Grill Special

Soup

New England clam chowder
Lobster Bisque

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Saturday

Market

Beef Stew
Fresh Broccoli Florets

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Minestrone
Southwestern Drop Biscuits

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**Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm**

Sunday

Market

Roasted Turkey Breast
Yukon Smashed Potatoes
Poultry Gravy
Green Beans
Bread Dressing

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich
Boston Club Sub

Grill

No Grill Special

Soup

Tomato Florentine

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