



Weekly Menu

January 15th Thru January 21st

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Monday

Market

Thai Style Sweet and Sour Pork
Oven Roasted garlic Red Potatoes
Brown Rice
Asian Vegetable Blend

Mindful

Citrus Poached Salmon

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Split Pea with Ham Soup
Buttermilk Biscuit

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Tuesday

Market

Beef Stew
Macaroni and Cheese
Stewed Tomatoes
Cut Green Beans

Mindful

Tuscan Herbed Tilapia

Fruit Station

Fresh Fruit Salad

Action Station

Mexican Vegetarian Soft Tacos

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich
Italian Sub

Grill

No Grill Special

Soup

Thick and Zesty Chili

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Wednesday

Market

Panko Crusted Cod
Beef Tips with Mushrooms
Brown Rice
Sliced Carrots
Grilled Vegetables
Breadsticks

Mindful

Apricot Glazed Turkey

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich
Cold Cut Combo

Grill

Blue Cheese Turkey Burger

Soup

Cream of Potato Soup

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Thursday

Market

BBQ Beef Brisket
Yukon Smashed Potatoes
Beef Gravy
California Mixed Vegetables
Green Beans

Mindful

Vegetarian Italian Ratatouille

Fruit Station

Fresh Fruit Salad

Action Station

Cheese Tortellini with Marinara Sauce

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

Blue Cheese Turkey Burger

Soup

Canadian Cheese Soup

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**Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm**

Friday

Market

Baked Ziti with Vegetables
Fresh Broccoli Florets
Aztec Corn
Breadsticks

Mindful

Balsamic Glazed Chicken

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Chicken Noodle Soup

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Saturday

Market

Baked Fried Chicken
Yukon Smashed Potatoes
Poultry Gravy
Corn on the Cob

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Pasta E Fagioli Soup

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Oceanside Café Hours:
Breakfast 7am to 11am; Lunch 11am to 8pm

Sunday

Market

Meat Lasagna
Fresh Zucchini
Breadsticks

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Tuna Salad Sandwich
Chicken Salad Sandwich

Grill

No Grill Special

Soup

Vegetable Beef Soup

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