



Children's Mercy
HOSPITALS & CLINICS
————— **Kansas City** —————

CHILDREN'S MERCY HOSPITAL WEIGHT MANAGEMENT PROGRAM



Dear Parent/Guardian:

Your healthcare provider is referring your child/teen to the Promoting Health in Teens and Kids (PHIT Kids) Weight Management Clinic at Children's Mercy Hospital. Our clinic promotes family-based healthy lifestyle changes to help your child/teen achieve a healthier weight. Your child/teen will be seen by a medical provider and possibly by other professionals like a dietitian, social worker, physical therapist and psychologist. The first evaluation may take 1 or 2 visits and further follow up will be decided by you and the treatment team together.

In order to schedule an appointment in our clinic, please call our clinic scheduler at 816-960-2852 **within the next 3 weeks**. If we do not hear from you, we will assume that you do not want to schedule an appointment with us at this time.

Thank you,

CMH Weight Management Team