

ALLERGY/ASTHMA/IMMUNOLOGY CLINIC

Important Information for New Patients

- ***Allergy evaluations often include skin testing. Skin tests are used to specifically identify an individual's allergens. Your child may need to stop all antihistamine use at least 7 days prior to their scheduled appointment so allergy testing may be performed.***
 - ***If you have questions about allergy skin testing or are unsure of whether a medicine needs to be stopped, please call the Main/Downtown Allergy Clinic at 816-234-1600 and ask to speak to the triage nurse.***
 - ***Antihistamine medications to be stopped but are not limited to include:***
 - ***Zyrtec (cetirizine)***
 - ***Claritin (loratadine)***
 - ***Allegra (fexofenadine)***
 - ***Benadryl (diphenhydramine)***
 - ***Any medications with chlorpheniramine***
 - ***Many common over the counter cold and cough medications***
 - ***Includes generics for the above medications***
 - ***Medicines that don't need to be stopped include:***
 - ***any inhalers or nebulizers,***
 - ***Singulair***
 - ***steroids***
 - ***medicines for conditions other than allergies.***
 - ***Asthma Medication***
- ***Please call the Allergy/Asthma/Immunology clinic at least 48 hours in advance if you are unable to make your scheduled appointment so this appointment can be available for another child in medical need. Please contact the clinic at 816-234-1600(Main/Downtown Allergy Clinic) or 913-696-8220 (South Allergy Clinic) or 816-413-2500 (Northland Allergy Clinic) to reschedule your appointment.***
- ***Please have your primary care doctor or referring physician fax any history, lab, allergy, or radiology test results to the Contact Center at 816-855-1776.***
- ***Please plan to allow 2 hours for your appointment.***
- ***Please come to your scheduled appointment even if your child's symptoms are not present on the day of the scheduled appointment.***
- ***Please be on time for your appointment. Late arrivals may have to be rescheduled for another day.***

Please Bring to your Appointment

- ***Your child's prior allergy tests.***
- ***Bring all medications, vitamins, minerals and over the counter medicines that your child is currently taking.***
- ***Insurance or Medicaid card, and co-pay.***
 - ***If your insurance company requires a referral form from your child's primary physician, you must bring or fax the referral to us on your appointment date to ensure proper payment.***
 - ***Insurance co-pays will be collected at the time of your child's appointment. Visa, MasterCard, Discover, American Express, Debit Cards, checks, and exact cash are accepted.***
- ***If you have any other questions before your visit, please call the clinic or call 816-234-3188 if the clinic is closed.***
- ***If this is your child's first visit, you can pre-register by going to our website: www.childrensmercy.org and select "Pre-register" in the top right corner.***
- ***For financial assistance with your visit, call 816-234-3567.***

Thank you for choosing Children's Mercy Hospitals and Clinics! We encourage you to visit our clinic website by visiting our homepage: www.childrensmercy.org and select "Clinical Services" then "Asthma/Allergy/Immunology."

***Sincerely,
The Allergy/Asthma/Immunology Clinic Staff Team Members***