

## Critically Appraised Topic (CAT)

**PICOT Question:** *Insert the PICOT question, list the following components: Population, Intervention and Comparison (or Thing of Interest), Outcome, Type of Question*

**Clinical bottom line based on literature appraisal below:** *Insert here to delineate the CMH&C practice implications*

**Search strategy implemented:** *Insert databases searched and search terms used*

**Search outcome:** *Insert here to indicate the number of papers found; the number of papers, which are relevant, and the number of papers that were of insufficient quality to include in the synthesis*

Upon completion of the CAT please forward to Jackie Bartlett, EBPC Program Manager, at [jbartlett@cmh.edu](mailto:jbartlett@cmh.edu)  
EBP/@EBPC@/EBP Core/Toolkit/LiteratureSynthesis

**Synthesis of relevant studies:**

<b>Author, date, country, and industry of funding</b>	<b>Patient Group</b> <i>(insert below subject population)</i>	<b>Level of Evidence</b> <i>(insert below corresponding Oxford Level of Evidence)</i>	<b>Research design</b>	<b>Significant results</b>	<b>Limitations</b>

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**Commentary:** *(Insert below the thought processes involved in ascertaining the clinical bottom line)*

**Authored by:** *(Insert below the author name(s) and credentials)*

**Date created:** *(Insert below the date the CAT was created)*

**References:** [APA](#) and [MLA](#) examples found at OWL (Online Writing Lab) at Purdue. *(Uses APA or MLA Format)*

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