

Scabies (Teen)

Scabies is a skin condition caused by a tiny bug that digs into the skin and causes an itchy rash. Scabies can pass easily from direct contact through clothing and linens, and from other people who have scabies. If you have scabies, everyone in your family should be treated.

What to do:

- Apply the prescribed medicine to your entire body, from the head down. Avoid the mouth, nose, eyes, and ears. Be sure to apply the medicine between fingers and toes, in the armpits, around the waist, and in groin areas. If medicine gets in your eyes, wash eyes with cool water.
- Dress in freshly washed, clean clothes after applying the medicine.
- Change and wash all bed linens in hot water. Dry in a hot dryer. If there are items that can not be put in the washing machine, put them in a plastic bag for at least 72 hours (3 days). The scabies bug dies in 3 days.
- Itching may continue for several days to weeks after treatment. The rash may last a week or more. You may need to be treated with medicine more than once. Be sure to check with your health care provider for further instructions or to be seen again, especially if rash persists.

Medications:

Elimite®:

1. Rub a small amount all over your body from the head down.
2. Leave the medicine on for at least six hours, then bathe or shower.
3. Check with your health care provider before applying again.

Sulfur (6% in petrolatum):

1. Put the medicine on your skin from the head down nightly for three nights.
2. Bathe 24 hours after the third treatment.
3. This medicine may be put on the head and neck if scabies have spread to those areas. Be careful not to get it in your eyes. Wash your eyes with cool water if the medicine accidentally gets in them.

Call your health care provider or the Children's Mercy Hospital Information Line at (816) 234-3188 if:

- Your rash continues after treatment.
- You have questions or concerns.