The doctor has asked that a "clean catch urine" be collected from your child. The purpose of a "clean catch urine" is to get a urine (pee) sample that is as clean as possible.

Please follow these directions to get the urine sample into the cup:

1. Wash your hands with soap and water, then dry them.
2. Use gauze pads moistened with water and dilute soap to clean your child’s genitals or "private" areas.
   - **Girls**
     - Spread her legs wide apart and gently spread the private area (labia) apart.
     - Use four of the moistened pads to wipe from the front to the back, using each wipe only one time and then throwing it into the trash.
   - **Boys**
     - Pull back the foreskin if your son is not circumcised (do not force). Gently bring foreskin forward after collecting the urine.
     - Use four of the moistened pads to clean the end of the penis, using each pad only one time before throwing it into the trash.
3. Ask your child to begin to pee in the toilet. After a few drops of urine come out, place the clean collection cup under the stream of pee to get the sample. Do not fill the cup to the top.
4. Do not touch the inside of the cup or lid.
5. Place the lid on the cup tightly.
6. Wash your hands.
7. If in the Kidney Center: Place the cup of urine in the pass through window. A signal will then alert clinic personnel to take the urine to the lab.
8. If you do the urine sample at home, keep it cool. Bring it to the clinic or lab as directed for processing.